

PLANNING ACTIVITÉS 2026 - 2027

	12h15	30	45	13h	15	30	13h45	19h15	30	45	20h	15	20h30
LUN				Aqua Bike				Aqua Boost			Aqua Bike		
MAR	Aqua Boost			Aqua Gym douce				Aqua Gym					
MERC								Aqua Bike					
JEU	Aqua Gym			Nage Jogging					Aqua Boost				
VEN	Aqua Bike			Aqua Gym				Aqua Gym			Aqua Bike		
SAM		Nage Jogging											
DIM		Aqua Bike											



Aqua**Gym**



Aqua**Gym douce**



Aqua**Bike**



Aqua**Tonic**



Nage**Jogging**



Nage**Palme**

